



Simply you

Aetna® HMO plan*

Easy-to-use care and coverage

*Known as HMO plan in CA.

Manage your benefits, connect to care, handle claims — from anywhere

The Aetna HealthSM app and your Aetna member website are personalized, seamless and easy to use. Once you're a member, here's how you can connect:



Get the Aetna Health app by texting “GETAPP” to **90156** for a link to download the app and create an account. Message and data rates may apply.*



Go to **Aetna.com** to create an account and log in to your member website.

More ways to connect



Use our provider search tool

You can find doctors by name, specialty and location. You'll also find maps, directions and more. You can even look for doctors who speak your language. Visit **Aetna.com** to try it out.



You have our number — just call us

You can speak to Member Services anytime during regular business hours. Our representatives are here to help answer any questions you have about your plan. Just call the toll-free number on your ID card.

*Terms and conditions: [Bit.ly/2nIJFYG](https://bit.ly/2nIJFYG). Privacy policy: Aetna.com/legal-notices/privacy.html. By texting **90156**, you consent to receive a one-time marketing automated text message from Aetna with a link to download the Aetna Health app. Consent is not required to download the app. You can also download it from the App Store[®] or the Google Play[™] store.

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A health benefits plan designed to keep it simple

How it works

This plan has you choose a primary care physician (PCP).** Having one doctor as your first contact can really make a difference.

That's because PCPs do more than give you a checkup. PCPs build a relationship with you. They get to know you and your medical history. They can help guide you on important health decisions. And direct you to another doctor in our network if you need special attention.

This plan also gives you access to our tools, tips, programs and services. They can help you find PCPs and network doctors, estimate costs and more.

See what's covered

All employer health plans are different. This booklet gives a general idea of how our health maintenance organization (HMO) plan works and how to get the most out of it.

Be sure to check your Summary of Benefits for:

- Copay information
- What you owe for care
- What's covered under your plan

You can find it in your enrollment kit. If you don't have it, just ask your employer.

Step 1: Choose any PCP from our network

Network doctors contract with us to offer rates that are often much lower than their regular fees. This helps you save.

Choosing a doctor is a personal decision. That's why each family member chooses their own PCP.

And you can change your PCP at any time. If you're already a member, call Member Services at the number on your ID card. Or visit **Aetna.com** and log in to your member website.

Important: With an HMO plan, you need to choose a PCP and see health care professionals in the network to receive benefits through the plan.***

Step 2: Go to your PCP for checkups, or whenever you're sick or hurt

Your PCP will help you decide if you need care from another network doctor. If so, your PCP will give you a **referral**. This referral is important. The doctor your PCP sends you to will need it in order to care for you.

When you visit your PCP, you may have to pay a **copay**. This is a set amount you pay for a covered health service. For example, if your copay is \$35, that is what you would pay your PCP at the time of service.

Your PCP will also work directly with us. They'll send us claims for the services you receive. And get approval[†] for coverage of some services when it's needed. This is all behind-the-scenes work that you don't have to worry about.

**In Texas, PCP is known as physician (primary care).

***Out-of-network emergency services are covered. In Missouri, two mental health visits with an out-of-network provider are covered.

[†]In Texas, this approval is known as "pre-service utilization review" and is not "verification" as defined by Texas law.

Choose personal care and coverage.

Enroll in the Aetna HMO
plan today.

This managed care plan may not cover all of your health care expenses. Read your contract carefully to determine which health care services are covered. To contact the plan if you are a member, call the number on your ID card; all others, call 1-888-98-AETNA (1-888-982-3862) (TTY: 711).

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Visit **[Aetna.com/individuals-families/member-rights-resources/rights/disclosure-information.html](https://www.aetna.com/individuals-families/member-rights-resources/rights/disclosure-information.html)** to view or print your medical, dental or vision plan disclosures. Here, you can also find state requirements and information on the Women's Health and Cancer Rights Act.

Policy forms issued in Oklahoma include: HC COC000010.

Policy forms issued in Missouri include: HI HGrpAg 05.

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